



Rockwoods High School, Udaipur

Session: 2019–20, Classes VI to VIII

Summer Assignment

Dear Parents

Vacation is a time to relax & enjoy but this is also the time when children explore their interests and hobbies. We have planned activities for the summer vacation as per the eight golden mantras of our school to keep the children positively engaged. The children should also devote a few hours to revise and learn the syllabus covered in the months of April and May in all the subjects. We expect parents to help their children to bring out the best of their abilities.

List of suggested activities:

SN	Eight Golden Mantras	Activities
1.	Spiritual	Learn following songs given in your school diary <ul style="list-style-type: none">➤ वैष्णव जन तो तेने कहिये जे.....➤ धरती की शान तू है➤ ऐ माँ➤ Hundred Miles
2.	Social	Involve in some community service such as spreading awareness about conservation of water, electricity, pollution, cleanliness in locality etc.
3.	Emotional	Plant a tree, feed birds and animals
4.	Physical	Practice Pranayam & Suryanamaskar
5.	Mental	Practice mental ability exercises, crosswords, rubrics etc.
6.	Language	Read newspaper, magazines, books of your interest
7.	One Skill	Pursue your hobbies like painting, calligraphy, instrumental or vocal music, theatre, etc.
8.	Habit	Help your mother in anyone of her household chores